

CAFE SOLAZ

BREAKFAST

TOASTED BAGEL 2.00

Cinnamon Raisin or Plain served with cream cheese.

YOGURT PARFAIT 4.50

16 oz cup, layered vanilla yogurt, our fruit of the day, grapes, and granola.

PANCAKES 7.50

Three buttermilk pancakes served with butter and syrup.

TWO EGG BREAKFAST 6.50

Two eggs cooked to your choosing with your choice of toast and a side of fruit.

EGG SANDWICH 7.00

Two eggs scrambled on toasted bread with lettuce, tomato, cheddar cheese, and chipotle mayonnaise and a side a fruit.

CHEESE OMELETTE 6.75

Two eggs, cheddar cheese, toast and a side a fruit.

GARDEN OMELETTE 8.25

Two eggs, onion, bell pepper, mushrooms, spinach, tomato, and cheddar cheese served with toast and a side of fruit.

BACON OR SAUSAGE OMELETTE 8.25

Two eggs, crispy bacon or sausage, cheddar cheese and a side of fruit.

BREAKFAST BURRITO 7.75

Two eggs, cheese, hash browns, chipotle mayonnaise, bacon, ham, or sausage and a side of fruit.

SALADS

SOLAZ SALAD 9.50

Spring mix, grilled chicken, green apple, grapes, candied walnuts, dried cranberries, and blue cheese. served with honey mustard dressing on the side.

TRILOGY SALAD 7.25

Spring mix, candied walnuts, strawberries, dates, and toasted sesame dressing on the side. Add grilled chicken or a scoop of tuna for 3.00

GRILLED CHICKEN CAESAR 8.75

Grilled chicken, lettuce, Parmesan cheese, and croutons served with Caesar dressing on the side.

COBB SALAD 8.75

Grilled chicken, bacon, avocado, tomato, red onion, hard boiled egg, blue cheese crumbles, lettuce, and ranch dressing on the side.

CHEF SALAD 8.25

Deli turkey, ham, hard boiled egg, cheddar cheese, tomato, lettuce and ranch dressing on the side.

FROM THE DELI

TUNA WRAP 8.25

Fresh homemade tuna salad, lettuce, and tomato. Wrapped in a spinach tortilla and your sided of choice.

WE DO CARRYOUT ! CALL (760)777-6068

FROM THE DELI

CHICKEN CAESAR WRAP 8.00

Grilled chicken, lettuce, Parmesan cheese, creamy Caesar dressing wrapped in a spinach tortilla with your side of choice.

TURKEY BACON WRAP 8.00

Deli turkey, crispy bacon, lettuce, tomato, and chipotle mayonnaise, Wrapped in a chipotle tortilla and a side of your choice.

DELI SANDWICH 7.75

Deli style sandwich with either turkey, ham, or tuna, lettuce, tomato, mayonnaise, with bread and side of your choice.

FROM THE GRILL

CHICKEN PANINI 8.50

Grilled chicken, provolone cheese, lettuce, tomato, chipotle mayonnaise, on a toasted ciabatta roll and your side of choice.

SOLAZ SANDWICH 8.50

Grilled chicken, crispy bacon, provolone cheese, tomato, grilled onion and bell peppers, chipotle mayonnaise, ranch, and your side of choice.

CHEESEBURGER 10.00

8 oz beef patty, cheddar cheese, lettuce, tomato, onion, mayonnaise, mustard, ketchup on a bun, and your side of choice.

CLASSIC BLT 7.75

Crispy bacon, lettuce, tomato, and mayonnaise on your choice of bread. Served with your side of choice.

CAJUN CLUB 9.00

Cajun grilled chicken, crispy bacon, cheddar cheese, lettuce, tomato, avocado, and mayonnaise on sourdough toast and your side of choice.

CHICKEN TACOS 7.00

Two grilled chicken tacos, on corn tortillas with shredded lettuce and cheddar cheese. Served with corn chips, salsa, and sour cream.

CHICKEN QUESADILLA 8.25

Grilled chicken, cheddar cheese, on a chipotle tortilla served with corn chips, salsa, and sour cream.

SIDES

FRUIT, POTATO SALAD, MACARONI SALAD, OR POTATO CHIPS.

BEVERAGES

FOUNTAIN DRINKS	1.75
ICE TEA	1.75
BOTTLED WATER	1.00
CANNED SODA	1.00
BEER	4.00
SMOOTHIES	4.00
LATTE	SMALL 3.25 LARGE 3.95
MOCHA	SMALL 3.50 LARGE 4.25

Monday - Saturday: 8:00 AM-3:00 PM
Sunday: Closed

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