

# Café Solaz Menu

MONDAY THRU SATURDAY: 8:00 AM - 3:00 PM  
SUNDAY: CLOSED

## BREAKFAST

### TOASTED BAGEL | \$2.00

Cinnamon Raisin or Plain with Cream Cheese

### YOGURT PARFAIT | \$4.50

16oz cup of layered vanilla flavored yogurt, pineapple, cantaloupe, honeydew, grapes, and strawberries topped with granola

### PANCAKES | \$7.50

Three buttermilk served with butter and syrup. Add bacon or sausage for \$1.50 extra.

### TWO EGG BREAKFAST | \$6.50

Two eggs any style with your choice of toast and a side of fruit

### EGG SANDWICH | \$7.00

Two eggs scrambled on toasted bread with lettuce, tomato, cheddar cheese, and chipotle mayonnaise with a side of fruit.

### GARDEN OMELETTE | \$8.25

Two egg omelette, grilled onion, bell pepper, mushrooms, spinach, tomato, cheddar cheese with toast and a side of fruit.

### BACON OR SAUSAGE OMELETTE | \$8.35

Two egg omelette, crispy bacon or sausage and cheddar cheese with toast and a side of fruit

### BREAKFAST BURRITO | \$7.75

Two eggs, cheese, hash browns, sausage, bacon, or ham, chipotle mayonnaise and a cup of fruit.

## FROM THE DELI

### SOLAZ SALAD | \$9.50

Mixed greens, grilled chicken, green apple, grapes, candied walnuts, dried cranberries, gorgonzola cheese, and our chipotle honey mustard on the side

### TRILOGY SALAD | \$7.25

Mixed greens, candied walnuts, fresh strawberries, dates, and our toasted sesame dressing. Add grilled chicken or a scoop of tuna for \$3.00 extra

### GRILLED CHICKEN CAESAR | \$8.75

Grilled chicken, romaine lettuce, Parmesan cheese, and croutons with Caesar dressing on the side.

### COBB SALAD | \$8.75

Grilled chicken, bacon, hard boiled egg, tomato, blue cheese crumbles, avocado, red onion, and lettuce with ranch dressing on the side.

### CHEF SALAD | \$8.25 (GF)

Deli turkey, ham, hard boiled egg, cheddar cheese, and tomato on a bed of green lettuce with ranch dressing.

### TUNA WRAP | \$8.25

Fresh homemade tuna salad shredded lettuce, and tomato wrapped in our spinach tortilla with your side of choice

### GRILLED CHICKEN CAESAR WRAP | \$8.00

Grilled chicken, shredded lettuce, parmesan cheese, and creamy Caesar dressing wrapped in a spinach tortilla with your side of choice

WE DO CARRYOUT! CALL (760) 777-6068 TO PLACE AN ORDER

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## FROM THE DELI

### TURKEY BACON WRAP | \$8.00

Deli turkey, crispy bacon, lettuce, tomatoes, and chipotle mayonnaise, wrapped in our tomato basil tortilla and with side of choice

### DELI SANDWICH | \$7.75

Deli style sandwiches (turkey, ham, or tuna salad) with lettuce, tomato, and mayonnaise with your side and bread of choice

## FROM THE GRILL

### CHICKEN PANINI | \$8.50

Grilled chicken, provolone cheese, lettuce, tomato, chipotle mayonnaise on a toasted Ciabatta roll and your side of choice

### SOLAZ SANDWICH | \$8.50

Grilled chicken, crispy bacon, provolone cheese, tomato, grilled onion, grilled bell peppers, and a side of your choice side of fruit.

### BACON OR SAUSAGE OMELETTE | \$8.35

Two egg omelette, crispy bacon or sausage and cheddar cheese with toast and a side of fruit

### CHEESEBURGER | \$10.00

8oz beef patty, cheddar cheese, lettuce, tomato, onion, mayonnaise, and mustard on a sesame seed bun with a side of your choice

### CLASSIC BLT | \$7.75

Crispy bacon, lettuce, tomato, and mayonnaise on your choice of wheat, white, or sourdough bread and a side

### CAJUN CLUB | \$9.00

Cajun grilled chicken breast, crispy bacon, cheddar cheese, lettuce, tomato, avocado, and mayonnaise on sourdough toast and your side of choice

### CHICKEN TACOS | \$7.00

Two grilled chicken tacos on corn tortillas, lettuce, cheddar cheese, salsa, and tortilla chips

### CHICKEN QUESADILLA | \$8.25

Grilled chicken, bacon, hard boiled egg, tomato, blue cheese crumbles, avocado, red onion, and lettuce with ranch dressing on the side.

### CHEF SALAD | \$8.25 (GF)

Grilled chicken and cheddar cheese on a tomato basil tortilla, sour cream, and salsa with a side of homemade corn chips

## SIDES

Fruit, potato salad, pasta salad, or potato chips.

## BEVERAGES

Fountain drinks | \$1.75

Coffee - Small | \$3.25 Large | \$4.25

Mochas - Small | \$3.50 Large | \$4.25

Bottled Water | \$1.50

Smoothies | \$4.00

Hot Chocolate - Small | \$2.50 Large | \$3.75

Apple or Orange Juice | \$2.75

Gatorade | \$2.50

Beer | \$4.00

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